

OUR MISSION IS TO HELP PATIENTS LIVE HEALTHIER LIVES.

## PREPARING FOR YOUR SURGERY

You should anticipate information about your surgery from the Advanced Surgery Center team of professionals.

- First, expect a call from a staff member who will ensure your financial questions are answered. During the call, your insurance and financial obligations are explained so you are able to focus on your procedure when it's time for surgery.

- A nurse will also contact you to assess any necessary medical history, review pre-operative instructions, answer your questions, and provide you with your arrival time as well as instructions for your driver. You at Advanced Surgery Center after speaking to our nurse.

### ***DON'T FORGET...***

- We will confirm your surgery time approximately 1-week prior to your scheduled surgery day.
- To make transportation arrangements
- Your Insurance card & photo ID, preferred payment method, should you have a responsibility.
- Leave valuables at home
- Let us know if your health changes prior to your surgery

## THE DAY OF YOUR SURGERY

- Do not eat or drink anything (including chewing gum or mints) after midnight the day of your surgery (unless your doctor says otherwise!)
- Make sure to ask your physician if you should take routine medication the day of your procedure.
- Call us at (314) 205-1610 if you have any questions about what to expect on the day of your surgery.

## AFTER YOUR SURGERY

- At your convenience, please submit a Patient Satisfaction Survey letting us know how we did. Your feedback will help us continuously improve our services to all patients and their families.



*The Science of Medicine.  
The Art of Healing.*

# SURGERY DAY CHECKLIST

- ☐ **DO NOT EAT OR DRINK ANYTHING**  
(including water, mints, chewing gum or cigarettes) after midnight the day preceding surgery, unless otherwise instructed. Undigested food in the stomach can cause complications and your surgery is likely to be postponed.
- ☐ **BATHE OR SHOWER**  
the morning of your surgery, you may shower. Teeth may be brushed, but **DO NOT** swallow any water.
- ☐ **IF YOU SUSPECT THAT YOU ARE PREGNANT**  
please notify your surgeon. Anesthesia and medications may be harmful to the developing fetus.
- ☐ **IF YOU EXPERIENCED ANY HEALTH CHANGES**  
between the most recent visit to your surgeon and the day of surgery, notify your surgeon. Please report even minor changes such as an elevated temperature, cough or cold.
- ☐ **LEAVE JEWELRY & OTHER VALUABLES AT HOME**  
for safekeeping. Do not wear makeup, contact lenses, or jewelry. Wear loose, comfortable clothing. Wear comfortable shoes, no high heels. Hearing aids may be worn to hear instructions but will be removed before surgery. It is wise to bring a protective case.
- ☐ **ARRANGE FOR AN ADULT TO DRIVE YOU**  
to and from the surgery center. You should also have someone stay with you for 24 hours following surgery.

**(314) 205-1610**

**ADVANCED**  
SURGERY CENTER